



Neighbourhood Houses
The Heart of Our Community



Sunflower Making Guide

Adhesives & tools:

- Scissors
- Glue stick or hot glue gun
- Masking tape or thread
- Needle & yarn (if sewing or crocheting)

Flower centre:

- Brown/black fabric, paper, or buttons
- Bottle caps painted/dyed dark brown
- Crochet or pom-poms

Base structure:

- Cardboard circles (cut from boxes)
- Plastic lids or plates
- Fabric scraps stretched over stiff backing

Petals:

- Yellow/golden paper, felt, fabric, or plastic bottles cut into petal shapes
- Old magazines or wrapping paper
- Crochet or knitted petals

Stem/attachments:

- Green yarn, fabric strips, or painted sticks (optional if you want stems)
- Pipe cleaners, garden wire, or string to secure to chicken wire

Option 1: Paper/Cardboard Sunflower

1. Cut a circle (10–20 cm) from sturdy cardboard for the base.
2. Cut yellow petal shapes from paper, fabric, or plastic.
3. Glue petals around the circle edge.
4. Add a smaller dark circle in the centre (paper, fabric, or buttons).
5. Tape/string a loop at the back for attaching.

Option 2: Collage Sunflower

1. Draw or cut a large circle from cardboard.
2. Use torn magazine pages, painted scraps, or mixed textures for the petals.
3. Layer and glue them around the base.
4. Fill the centre with textured material (seeds, fabric, beads, or buttons).

HPCH Community Services

Contact: Zohra at communitylife@hamptonparkch.vic.edu.au | 0493 040 499



Neighbourhood Houses
The Heart of Our Community



Cardboard
base (10cm)

Templates for Sunflower Making

Sunflower
petal shapes

Flower
centre

Feel free to use these shapes as a guide to making your sunflowers!

Tips

- Durability: Make sure pieces are well-glued or stitched so they hold when hung vertically.
- Size: Aim for 10–40 cm across. Creativity counts more than neatness!

HPCH Community Services

Contact: Zohra at communitylife@hamptonparkch.vic.edu.au | 0493 040 499